

Fill in regular activities like school, sport and work. Then add the times you plan to revise. Print and place in prominent positions as a reminder.

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------|--------|---------|-----------|----------|--------|----------|--------|
| 7:00am | | | | | | | |
| 8:00am | | | | | | | |
| 9:00am | | | | | | | |
| 10:00am | | | | | | | |
| 11:00am | | | | | | | |
| 12:00pm | | | | | | | |
| 1:00pm | | | | | | | |
| 2:00pm | | | | | | | |
| 3:00pm | | | | | | | |
| 4:00pm | | | | | | | |
| 5:00pm | | | | | | | |
| 6:00pm | | | | | | | |
| 7:00pm | | | | | | | |
| 8:00pm | | | | | | | |
| 9:00pm | | | | | | | |