

Woodenbong Central School & Community Newsletter

Principal: Dr Greg Wilson

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21st February, 2019

Week 4, Term 1

Mon Tue Wed Thu Fri Sat Sun

				1	2	3
Coming up this term... 5th March—Secondary North Coast Regional Swimming Carnival at Murwillumbah 6th March—Primary North Coast Regional Swimming Carnival at Ballina 8th March—U15 North Coast Regional Touch Football Trials 12 March—P&C AGM 4:00 pm Community Room 18th and 19th March—Futsal at Lismore 22nd March—Northern Rivers Zone Rugby League Trials 26th March—School Photos 19th March—Senior Citizenship Morning Tea and Concert 20th March—Year 7 Immunisation 4th April—North Coast Regional Rugby League Trials					9	10
					16	17
18	19	20	21	22	23	24
				Under 15s Touch Football NR Zone Trials at Woodenbong	Summer Yowie Country Market	
25	26 Year 12 Uni Roadshow at Kyogle High School Show Meeting Secondary NR Zone Swimming Carnival at Lismore	27 NR Zone Open Boys Basketball Trials Primary Zone Swimming Carnival at Alstonville	28			

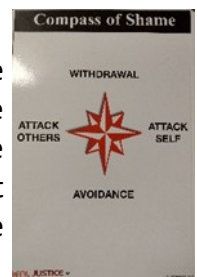
Principal's Report



Opportunities allow our students to find out what they like and what might constitute future employment and career path. We also assist our students develop their talents through persistence, hard work and the development of a growth mindset. We believe that *our students deserve to live empowered lives with passion.*

We will have a renewed focus on Restorative Practices at Woodenbong Central School in 2019. We know that Restorative Practices helps teachers and students build, maintain and restore relationships. It also helps with building the capacity of students to understand, develop and improve their self-control. Which, in turn helps the students with their learning and their achievement of their learning goals.

The restorative practice workshop last week was well attended, those in attendance asked questions and interested in restorative practice. The workshop explored the restorative framework, how the framework can be used in schools and at home. The Compass of shame was of interest to many who were interested in the way people react to negative affects. In particular all humans react that way, but remaining in the compass is not emotionally healthy.

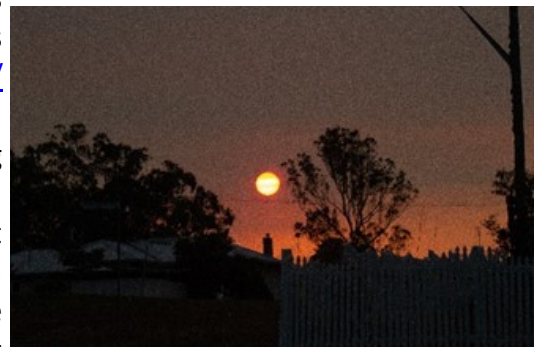


Remaining safe on-line can be a concern for parents. The following two website offer advice on remaining safe on-line as well as other relevant information. The Australian Parenting Website <https://raisingchildren.net.au/> and the eSafety Commissioner's website <https://www.esafety.gov.au/> provide information including, cyber safety, social media and electronic media. The raising children website has information on newborns, children, teens, adults, autism, disabilities, mental & physical health and an A-Z health reference guide.



A NSW Government publication, *Anti-bullying interventions in schools - what works?* <https://antibullying.nsw.gov.au/media/documents/Anti-Bullying-in-Schools-What-Works.pdf> indicates that restorative practices are effective in dealing with bullying. Restorative approaches have been shown to be especially effective in secondary schools. At Woodenbong Central School we use Restorative practices.

The staff, students and wider community of Woodenbong Central School continues towards making Woodenbong Central School a safe place for all. Woodenbong Central School has anti-bullying policy and procedures. A copy of these are available on the school website or via the front office upon request. The policy outlines how we define bullying and how we school responds to incidents of bullying. The policy is also on the school website <http://www.woodenbong-c.schools.nsw.edu.au/our-school/rules-policies> . There are many forms of bullying. However, bullying involves the inappropriate use of power, an intention to harm and it is repeated. Bullying is not acceptable behaviour at Woodenbong Central School. By working together we can minimise such incidents at the school. If as a parent you are concerned about incidents at school you should contact Stewart



Grimmett and Doug Gardiner Years 7, 8 & 9 and Years 10, 11 & 12 respectively for incidents in high school and Anne Marie Mason or Christine Reid for incidents in primary

I would ask that parents either call the school on 66351281 or email the school at Woodenbong-c.school@det.nsw.edu.au when they wish to contact a teacher or to seek information. The office will direct the enquiry to the best person to answer your question. If the teacher, AP, Head Teacher or Principal is not available, they will call back or make an appointment for a face-face meeting. Staff can be teaching or otherwise engaged and may not be able to reply immediately. Other means of communication are at best hit and miss. For



example the school FaceBook page may only be looked at once a school day.

The smoke from the fires nearby have provided some very red sunsets over the last couple of days. I have included a couple of photographs. Care should be taken when photographing the sun and without appropriate equipment it should not be done.

Woodenbong Central School 2018 - 2020

<i>Engage in Learning</i>	<i>High Quality Learning Environments</i>	<i>Deep Learning</i>
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STEVE'S REFLEXOLOGY

Woodenbong Public Hall
Starting next Thursday
28th February
2019

Phone for
Appointment
02 6634 1302/
0427 096 112



NORTHERN RIVERS ZONE

UNDER 15'S TOUCH FOOTBALL TRIALS

22nd February

10:00 am to 1:30 pm

Woodenbong Sport Oval

A canteen will be running



YEAR 2 INVESTIGATING THE INSIDE OF A COMPUTER



Year 7 Immunisation 28th March

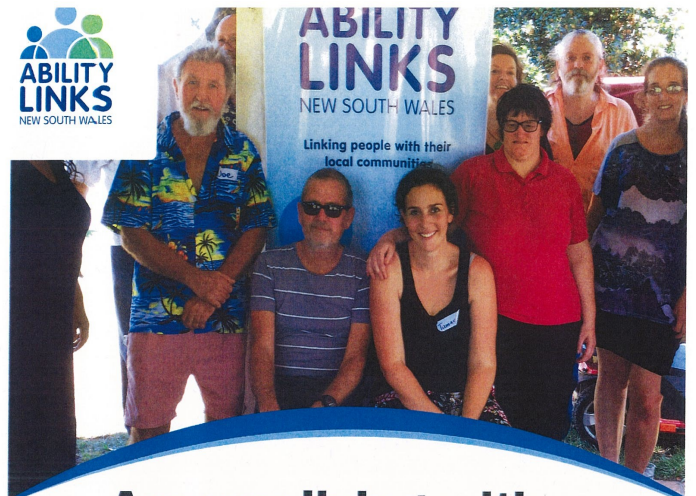


Preventing human papillomavirus (HPV) cancers and diseases by vaccination

Helping to protect young people from
a range of cancers and diseases caused
by the human papillomavirus (HPV)

health.gov.au/immunisation

- Available free for all 12–13 year olds through school-based vaccination programs.
- Administered in two doses over six months.
- Vaccination with the HPV vaccine significantly reduces the risk of HPV related cancers and diseases.



Are you living with a disability?

Come join our disability peer support group in Woodenbong. We welcome people with a disability, family members and carers.

DATES | 12 February | 9 April | 11 June 2019

TIME 11AM – 1PM | FREE LUNCH

**WOODENBONG PUBLIC HALL SUPPER ROOM
21 UNUMGAR ST, WOODENBONG**

Share your experiences and challenges, meet new people, discuss goals and opportunities, learn about disability services available to you, get answers to your NDIS questions.

To register your interest or arrange transport please contact
Tamar Cohen on 0447 329 111 or Astrid Bannah 6634 1372 or just turn up on the day!

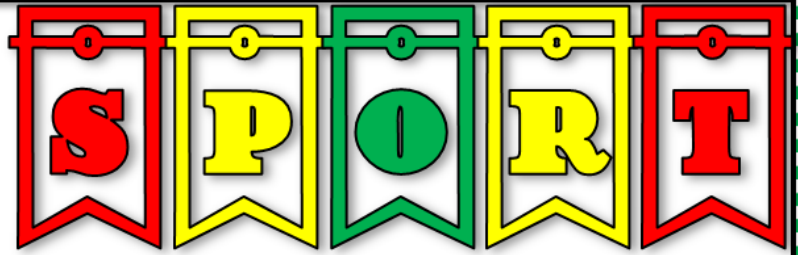


Primary

Week 4,
Term 1



School Captains Fletcher and Georgia holding the Winner's Shield



Sports Awards

Award recipients:

Congratulations to our Age Champions from last week's UCPSSA District Swimming Carnival!

Junior Girls: Isla Shaw

Junior Boys: Hugh Holden

II Girls: Georgia Mulcahy

II Boys: Clay Shaw

Senior Boys: Nic Edmed



The Age Champions

Swimming News...

Our UCPSSA District Primary Swimming Carnival was last Friday, the 15th of February. It was sad that Tabulam couldn't join us due to the recent devastating fires but we were still able to enjoy a successful day. We entered Tabulam's times in to compete against ours and Bonalbo's but even still. Woodenbong swimmers dominated the pool, once again coming away with the Winner's Shield. GO WOODENBONG!!!

We now have 17 students who have qualified to compete at the Zone Swimming Carnival which will be held next Wednesday the 27th of February at the Alstonville Swimming Pool. This includes 4 relay teams and 13 students who are competing in individual events. The most we have had in a long time. Congratulations and good luck to you all!!

Thank you again to all who came and support and especially to those who volunteered as time keepers and canteen helpers. Without you all we wouldn't be able to enjoy such a successful day!!

Stacey Shaw ☺

WCS Primary students who will be swimming like fish at the Zone Carnival!!!!





WOODENBONG SHOW NEWS

NEXT SHOW MEETING

26th February

7:00 pm

Woodenbong Central School Community Room



Young Farmers Challenge

Start thinking about your team!!

◇ 12 to 17 years old

◇ 18 to 35 years old

4 to a team (at least 1 female in each team)



Woodenbong Show Society HEIFER BONANZA

SATURDAY MAY 4TH

Pen of 3 Replacement Heifers

Classes
depending on
numbers

Classes

1. Up to 14 Months (weaner)
2. 14 to 20 months (yearling)
3. 20 to 30 months (Joined)

Entry \$10 per class

Prizes

1st \$100 2nd \$75 3rd \$50

Sponsored by Grimstead Angus Stud

Grand Champion Pen \$250

Sponsored by Ray White Casino

RULES:

- Must be owned and bread by exhibitor
- 1 entry per class per exhibitor
- Grass fed only
- No sign of having calved
- Commercial cattle only

JUDGING CRITERIA

Pens will be judged on:-

- Uniformity
- Structural Soundness
- Breeding Potential

Enquires/entries

Phone: Cameron Mulcahy 0428 882 266

There will be a BBQ running after judging.

Show Girl Competition

Tiny Tots—Boys and Girls
up to 5 years of age

Juveniles—Boys and Girls 5
to 9 Years old

Juniors—Boys and Girls 10
to 12 years old

Miss Teen—Girls 13 to 17
years old

Show Girl—Girls 18 to 25
years old

PLEASE SEE TIEN SMITH



TOUCH FOOTBALL STATE CUP AT PORT MACQUARIE

Last weekend William Hannant and Natalia Larsen-Tai played for Kyogle and Annaleise Barrett and Shonriqua Hippie played for Ballina. Former Students Lauren Amos and Isabella Barrett played for Ballina and Jonathan Hannant refereed at the Touch Football State Cup.



Active Travel - Give it a go this Term!



Research shows that being active getting to places in the local neighbourhood can improve children's independence, confidence, road and personal safety skills, as well as general health and well being.

Walking or riding to town or weekend sport with your child/ren could be a great place to start!

For more information and tips to getting started, visit <https://www.healthykids.nsw.gov.au/campaigns-programs/childrens-active-travel>

Athletics Singlets

Woodenbong Central School is purchasing new athletics singlets for both primary and secondary. They will be \$25.50 each. Below is the design.



P&C AGM

4:00 pm Tuesday 12th March, 2019
Woodenbong Central School Community Room
All Welcome

STOP PRESS!!!

New stalls booked for the Yowie markets on Saturday.

- Antiques, old tools, Plants and garden ornaments
- Herbs, plants and dried fruits
- Crystals
- Leatherwork
- Fundraising BBQ

Plus many of our usual stalls including, Woodenbong YOWIE, jewellery, Lavender, Homemade ice-cream, pickles and Jams, Live Music and the coffee club.

GIANT RAFFLE Drawn at 12.30

COME ALONG AND ENJOY A LOVELY MORNING WITH SOME LOVELY PEOPLE

YOWIE COUNTRY SUMMER MARKET

Theme: "MASKED MARKET"

Now is the time to get ready for the summer market to be held on:

SATURDAY 23RD FEBRUARY 8am-2pm

Come along and support your community, have a stall and make some money, or come along and have an enjoyable morning.

Lots to do and see:

- Coffee Club
- Mask making craft table
- Multi draw raffle
- Woodenbong Yowie
- LIVE MUSIC
- Hair cuts, homemade ice-cream, sewing, jams & pickles, jewellery, show bags, fundraising BBQ-WCS students, and much more.....

Woodenbong Pre-School Newsletter- Week 3-Term 1-2019

Welcome back to our returning families and welcome to our new families. We hope you all had a lovely Christmas and holiday break. Here are some photo's of our new amazing sand pit, dry creek, outdoor kitchen and sensory walk which was built in January. The finished product is amazing and makes our outdoor learning space so effective. Thank you to everyone who helped with making this happen and thanks to the NSW government for providing the funding.



ABC TELEVISION VISIT- Tuesday 11th December. I did not get to see the News report but was lucky enough to have it sent to me on facebook. I believe that it has since been shared over 36,000 times. We also had a visit from Mary and Dawn and their carer Lyn this morning as part of the ongoing partnership with the elderly residents of the Hostel.

ENROLMENTS: Our numbers this year have again remained very low which has meant that we are reducing our days to 2 (Tuesdays and Wednesdays) for this term. Our hours are 8.30am-4pm (15 hours/week) It is not too late to enrol and note that children can start at 2 ½ years old.

PLAYGROUP: is also operating on THURSDAYS for younger children at the Pre-School.

HOT WEATHER: with our extreme weather, at the moment, please make sure your child has their hat, suitable clothing and plenty of drinks. Sunscreen is available on the front desk or put it on at home before you come. We are having our outdoor time early in the morning and then staying inside with the air conditioning.

ANNUAL GENERAL MEETING: will be held on Monday 18th February at 7pm at the Pre-School

CHRISTINE REID-DIRECTOR 13/2/19

School Photos 26th March

A reminder that **SCHOOL UNIFORM** is compulsory when school photos are taken. Please ensure that your child/ren come to school in their school uniform on this day.

Students are not eligible for a School ID Card unless they get their school photos taken with them in school uniform.



Lynda's Pit Stop Café

PIAZZA DORO COFFEE

34 Unumgar St, Woodenbong

Open Wednesday to Sunday, 8am-3.30pm

Divine range of home made foods including pies, cheese cakes, cakes & other delights.

Fish & Chips, Hamburgers, Hot Chips & More

All food & drink available to take away or eat in

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Woodenbong Physiotherapy



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Phone: 0427 466 985

Appointments after hours.

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Kitchen Open: Friday 5.30pm

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Times

Wed - 4pm

Fri - 4pm

Sat - 3pm

Sun - 11am

**Fri Night Raffles &
Members Draw**



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ALL CALLS 02 6635 1300

SERVICE STATION • NRMA SERVICE • NEWSAGENCY

Woodenbong Progress Association

Meetings held the first Tuesday of the month

Woodenbong Golf Club

WINTER: 7.00PM - SUMMER: 7.30PM

Everyone Welcome

WOODENBONG Grocer

Ph: 6635 1310

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Weekly Specials * Eftpos

Open: Mon-Sat 8am-5pm Sun 8am-2pm

