

Woodenbong Central School

& Community Newsletter

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30th January 2020

Week 11, Term 1

Mon Tue Wed Thu Fri Sat Sun

		1	2	3	4	5
<p>Coming up next Term....</p> <p>5th February—Secondary Swimming Carnival</p> <p>11th February—P&C Meeting</p> <p>14th February—Primary PSSA District Swimming Carnival</p> <p>20th February—Secondary Zone Swimming Carnival</p> <p>25th February—Under 15's Zone Touch Football Carnival</p> <p>27th February—Open's Zone Basketball Trials</p> <p>3rd March—Secondary North Coast Swimming Carnival</p> <p>4th March—Primary North Coast Swimming Carnival</p> <p>5th March—Rugby League Zone Trials at Kadina</p> <p>5th March—Open Girls Zone Netball Trials</p> <p>24th March—School Photos</p> <p>31st March—Year 7 Immunisations</p> <p>1st April—Year 12 Captains to Parliament House</p>						
27	28	29	30	31		
				Primary Swimming Club		

Principal's Report



Welcome back to school for 2020. I hope everyone had a restful, safe and happy holiday. This will be another year of great opportunities for our students at Woodenbong Central School.

It was nice to see rain, green grass and smiles on people faces. I am sure we would all like more rain. Rainfall has been patchy around our area some areas have received more than others. However the 135mls is much better than the 2mls we had in 2019.

It will be a slightly disrupted start to our year. Maintenance work will cause temporary disruption. Rooms will be unavailable as they paint, sand floors and make minor repairs. The workers have been at Woodenbong Central School since mid-January, so have already completed a significant amount of work. We can expect the work to continue for several more weeks.

At the end of last year we held our Presentation Day assemblies for Primary and Secondary. It was great to see so many members of our community attend and celebrate the achievements of our students. We are lucky at Woodenbong Central School to have so many fantastically talented students. When given the opportunities our students achieve fantastic things.

Over the next few days we will welcome our students back to school. On Wednesday our primary, Year 7, 11 and 12 returned to school on Thursday all our students will be back. Our Kindergarten students begin with Best Start. Our Year 7 and 11 get the opportunity to start their new student roles without others. Our Year 12 students resume their HSC studies.



Novel Conornavirus is being monitored by NSW Health, who are providing advice to NSW Education. Advice to schools is changing as new information comes forward. I have included the latest release from the Department of Education. They have suggested that parents should keep anyone who travelled to China home during the 14 day incubation period.

The Federal Government has an excellent website called e-safety Commissioner. This is the web address of the e-safety site: <https://www.esafety.gov.au/> . It has great resources for parents and schools on safety.



The site provides tips for parents to help keep their child or children safe online. The e-safety Commissioner's website also has a button where you can report abuse. The e-Safety Commissioner can act to have content (especially content impacting children) removed from social media sites. Just as we teach our children to be safe in the real world we need to teach our students to be safe in the cyber and virtual world.



2019, especially the end of 2019, was a challenging for most if not all of our community. The events have highlighted the strengths of our communities such as the way we work together and support each other. Elsewhere in this newsletter are fliers from various organisation on how to talk with children after an emergency. Here are some contact details of organisation with various resources and support:.

- Red Cross Helping children and young people cope with crisis booklet www.redcross.org.au/recover
- Headspace <https://headspace.org.au/eheadspace/>
- Kids help line [Kidshelpline](http://www.kidshelpline.com.au)
- Parent line [parentline](http://www.parentline.com.au)
- Healthy Minds 1300 160 339
- Beyond Blue 1300 224 636



Woodenbong Central School 2018 - 2020

Engage in Learning

***High Quality Learning
Environments***

Deep Learning

PRIMARY SWIMMING CARNIVAL

FRIDAY 31ST FEBRUARY

9:30 am Warm Ups

10:30 am Start

Canteen will be running

**Richmond Sport
House Captains—
Gus Maloney,
Stephanie Hoffman
and Cassidy
Cockram**

**Lindsay Sport House
Captains—Sharlynn
Newton, Tyrone
Weir and Hugh
Holden**





Brad Hazzard
Minister for Health and Medical Research

Sarah Mitchell
Minister for Education and Early Childhood Learning

MEDIA RELEASE

Tuesday, 28 January 2020

UPDATED ADVICE AHEAD OF SCHOOL RETURNING

The NSW Government has today requested that children who have visited China in the last two weeks not attend school or childcare services until 14 days have lapsed from their date of departure from China.

Health Minister Brad Hazzard and Education Minister Sarah Mitchell said although the risk to children is very low, the NSW Government has taken this step as a precautionary measure.

"I've been advised that it's not medically necessary, but the NSW Government has acted in line with community expectations to ensure the safest possible environment for our students," Mr Hazzard said.

"The internationally recognised incubation period for the coronavirus is 14 days, so this is the logical timeframe to ask students to refrain from attending school. After this time, there is no risk.

"Advice about not attending school has already been provided to any close contacts of confirmed cases."

The Commonwealth Department of Health has confirmed that all passengers disembarking from planes from China are being given comprehensive information about coronavirus in both English and Mandarin.

NSW Health has been contacting passengers who were on the same planes as confirmed cases to provide appropriate advice and has processes in place to identify any close contacts of cases confirmed in Australia.

Ms Mitchell said the Department of Education has issued guidance to schools and childcare services across NSW on protocols in the event of a child becoming sick.

"Although the risk remains very low for children, we believe it is the right thing to do to take this extra step and will continue to update the community with advice," Ms Mitchell said.

There are currently four confirmed cases of novel coronavirus in NSW. All cases had travelled to Wuhan, China or had contact with a confirmed case in China.

Parents with concerns can contact their local Public Health Unit on **1300 066 055** for advice or visit the dedicated NSW Health information page at:

www.health.nsw.gov.au/Infectious/diseases/Pages/coronavirus.aspx

Anyone who develops a fever, cough, sore throat or shortness of breath within 14 days of travel to Hubei or contact with a person with confirmed coronavirus, should immediately isolate themselves from other people, contact their GP or local emergency department or call the healthdirect helpline **1800 022 222**.

Woodenbong Central School

Fee Structure

General Fees		
Single Student		\$35.00
Family (2 or more)		\$55.00
Subject Fees (Per Student)		
Year 7 (All Year 7 Students)	Art	\$8.00
	Design and Technology	\$30.00
Year 8 (All Year 8 Students)	Art	\$8.00
	Design and Technology	\$30.00
Year 9	Art	\$10.00
	Metal Technology	\$40.00
	Wood Technology	\$40.00
	Textiles Technology	\$40.00
	Food Technology	\$40.00
Year 10	Design & Technology	\$40.00
	Art	\$10.00
	Metal Technology	\$40.00
	Wood Technology	\$40.00
	Textiles Technology	\$40.00
Year 11	Food Technology	\$40.00
	Design & Technology	\$40.00
	Visual Arts	\$15.00
	Industrial Technology	\$40.00
	Design and Technology	\$40.00
Year 12	Textile and Design	\$40.00
	Hospitality	\$40.00
	Food Technology	\$40.00
	Construction	\$40.00
	Visual Arts	\$15.00
Year 12	Industrial Technology	\$40.00
	Design and Technology	\$30.00
	Textile and Design	\$40.00
	Hospitality	\$40.00
	Food Technology	\$40.00
Year 12	Construction	\$40.00

2020 Book Requirements Year 7-10

Year 7 & 8	
English	A4 96 page lined book
Mathematics	A4 96 page lined book Scientific Calculator (available from office)
Science	A4 128 page lined book
HSIE	A4 128 page lined book
PE	A4 64 page book + Display folder
LOTE (Year 7 only)	A4 128 page lined book (Year 7 only)
Music	Display folder
Art	A4 Art Diary
Agriculture	Display folder
Mandatory Technology	2 x 64 page lined books + Display folder

Year 9 & 10	
English	A4 96 page lined book
Mathematics	A4 96 page lined book Scientific Calculator (available from office)
Science	A4 96 page lined book + Display folder
Geography	A4 128 page lined book
History	A4 128 page lined book
PD/HPE	A4 64 page lined book + Display folder
Art	A4 Art Diary
Drama	A4 Art Diary
Agriculture	A4 96 page lined book + Display folder
Food Technology	A4 96 page lined book + Display folder
Textiles Technology	A4 96 page lined book + Display folder
Metal Technology	Display folder
Wood Technology	A4 96 page lined book + Display folder
Aboriginal Studies	A4 96 page lined book + Display folder
Commerce	Display folder
Design & Technology	A4 96 page lined book + Display folder

WCS Prices 2020

64 Page book	\$0.60
96 page book	\$0.70
128 page book	\$0.80
A4 Art Diary	\$5.00
Scientific Calculator	\$23.50

SCHOOL

PHOTOS

2020

TUESDAY 24TH MARCH 2020

Please Remember—students are to wear their green/senior school shirts and plain black bottoms (your child's photo will not be taken if they do not have the correct school uniform on). Year 12 students are to bring their senior jersey.



Valentine's Day Discos

FRIDAY

14TH FEBRUARY, 2020

WOODENBONG GOLF CLUB

FUNDRAISER FOR 2021 SNOW TRIP

MORE INFORMATION NEXT WEEK

Lunch Box Idea

~ TOMATO, CUCUMBER & HAM PASTA SALAD ~



Preparation: 15 mins Cooking: 12 mins Serves: 4

Ingredients:

200g dried mini bow-tie pasta
2 sticks celery, trimmed and chopped
2 Lebanese cucumbers, diced
1 green onion (shallot), trimmed and thinly sliced
350g mixed small tomatoes (tomato medley), halved
200g sliced leg ham, chopped
1 baby cos lettuce, trimmed and chopped

Yoghurt mayo dressing:

¼ cup Greek-style natural yoghurt
¼ cup kewpie mayonnaise

Step 1: Cook pasta in a medium saucepan of boiling water, following packet directions, until just tender. Drain and refresh in cold water. Set aside in a colander to dry.

Step 2: Combine pasta, celery, cucumbers, green onion, tomatoes, ham and lettuce in a large bowl.

Step 3: To make the yoghurt mayo dressing, whisk yoghurt, mayonnaise and salt and pepper to taste in a bowl. Drizzle mixture over pasta salad. Gently toss to combine and serve.

WCS Canteen Pricelist Term 1 2020

EVERY DAY FOODS	PRICE	EVERY DAY FOODS	PRICE	EVERY DAY FOODS	PRICE	OCCASIONAL FOODS	PRICE
SANDWICHES		Something Yummy & Healthy				Occasional Hot Food	
Ham	\$4.00	Fruit cups	\$2.00			Ham & egg Quiche	\$4.50
chicken	\$5.00	salad vegie cups	\$1.00			Hash Browns	\$1.00
Salad	\$4.50					Homemade pie 180 gm	\$4.50
Meat and salad (Chicken or Ham)	\$5.00	Seasonal Fruit	\$1.00			Hotdog	\$4.00
Ham & Cheese Sandwich	\$4.50	Fruit salad bowl	\$3.00			lite'n up sausage roll	\$3.50
Egg & Lettuce	\$4.50					Nuggets X 6	\$4.00
Chicken, lettuce & mayo	\$5.00					lite 'n up Party pies	\$1.00
Cheese or vegemite or tomato	\$3.00	Toasted Sandwiches		FRIDGE / FROZEN			
ROLLS & WRAPS		Chicken 100% & Cheese	\$5.50	Slush Puppies Made with Pear juice	\$2.50		
Egg & Lettuce	\$5.00	Chicken cheese & onion	\$5.00	Mashed fruit cups	\$2.00		
Salad	\$5.00	Ham Cheese & Tomato	\$4.50	Mashed fruit cups frozen	\$2.00	Occasional Snacks	
Meat & salad (Chicken or Ham)	\$5.50	Cheese	\$3.00				
Chicken, lettuce & mayo	\$5.50	Cheese & Tomato	\$3.50			Red Rock Honey/soy 28gm	\$1.00
SALADS IN DOME BOWL		Ham & Egg	\$5.00			Red Rock sea salt 28gm	\$1.00
Meat & salad (chicken, Ham) 20 oz bowl	\$7.00	Hot every day Foods					
Egg salad with 2 eggs 20 oz bowl	\$6.00	Burrito wrap & salad vegie	\$5.00	DRINKS		Freezer snacks	
Salad 20 oz bowl	\$5.00	100% chicken fillet Burger	\$6.00	Calci yum 250ml chocolate milk	\$2.50	Chocolate paddlepup	\$2.00
Meat & salad (chicken Or ham) 16 oz bowl	\$6.00	Meatball & Gravy Roll	\$5.00	Chilll 100 % Aerated fruit juice		Rainbow paddlepup	\$2.00
Cheese salad 16 oz bowl	\$5.00	Garlic wrap with cheese	\$3.00	5 Flavours CHILL 250 ml	\$2.50	Banana paddlepup	\$2.00
Egg salad bowl wih 1 egg 16 oz bowl	\$5.00	Lean beef Burgers	\$5.00	popper juice 100%	\$2.00		
Add Meat	\$2.00	Burrito Pizza in pocket bread	\$4.00	Appletiser 250 ml	\$2.50		
Add cheese	\$0.50	Fresh chicken & Gravy Roll	\$5.00	600ml water	\$2.00		
Add egg	\$1.00	Ham & Egg Roll	\$5.00	Nutri-Boost 5 HSR 3 Flavours 340 ml	\$3.50	CONDIMENTS	
PRE ORDER THESE PLEASE						Tomato sauce squeeze	\$0.50
RICE PAPER VEGIE ROLLS	\$1.20	Snacks		Mt Franklin lightly sparkling 450ml	\$3.00	Barbeque sauce suezie	\$0.50
SUSHI SOY SAUCE	\$0.40	Vegies, crackers & cheese	\$1.50	Pump plain water 750 ml	\$3.50		
DEAL BUY 6	\$6.00	Vegies, hummus & crackers	\$1.50				
Add meat for deal buy	\$1.00	Vegies, Aioli & crackers	\$1.50	Year 7 - 12 only			
		popcorn	\$1.00	500 ml choc milk	\$4.00		

HEALTHY WCS CANTEEN 75% EVERYDAY FOODS 25% OCCASIONAL FOODS

SHOW NEWS

Show Society Meeting

Tuesday, 25th February, 2020

7:00 pm

**Woodenbong Central School
Community Room**

ALL WELCOME

WOODENBONG SHOW

**Sunday
19th April, 2020**

Deb Ball News

Deb practice
Next Monday
3rd February
4:00 pm

Woodenbong Public Hall

NOT JUST SCRAPBOOKING

Thursdays 3:45 to 5:30 pm
(Starting Thursday, 6th February)
Crossroad Ministries Church

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for a chat!!**
All Welcome!!

(voluntary gold coin donation)

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Sun - 11am

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Sun 8am - 4pm

Woodenbong Progress Association

Meetings held the first Tuesday of the month

Woodenbong Golf Club

WINTER: 7.00PM - SUMMER: 7.30PM

Everyone Welcome